



# FOR MEN TO TALK 'IBIZA CLASSICS' BLACK & WHITE FUNDRAISING BALL

**Friday  
13 October 2023**

**TIME: TBC**



**Shortmead House  
Biggleswade**



**FOOD  
DRINK  
SILENT  
AUCTION  
RAFFLE**

**£50  
PER  
PERSON**

**IT'S OK FOR MEN TO HAVE  
A MENTAL HEALTH ILLNESS.  
IT'S THAT  
BLACK & WHITE**

**[www.formentotalk.co.uk](http://www.formentotalk.co.uk)**





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## MENU

Bread  
Basket &  
Butter

## MAIN

Breast of Chicken with Mozzarella,  
Spinach and Italian Herb sauce  
topped with Crispy Bacon

Or

Pan Fried Sea Bream on a bed of  
Dauphinoise Potatoes, samphire  
and Lemon Butter Sauce

Or

Pork Loin stuffed with Apricot &  
Spring Onion stuffing served with a  
Dijon Mustard Sauce

Or

Cumin Butternut squash and Lentil  
Wellington (Vegetarian)

## STARTER

Ham Hock Terrine served  
with Fig Loaf and Fruit Chutney

Or

Smoked Salmon with Prawns,  
Horseradish Cream and Lime  
Vinaigrette with Mixed Leaves

Or

Or Chefs Caesar salad with  
Smoked Chicken & Black Grapes

Or

Goats Cheese, Sundried Tomato  
and Caramelised Onion Tart  
(Vegetarian)

## DESERT

Chocolate Duo  
Torte with Fresh  
Cream

Or

Trio of Desserts

Or

Plated Cheese &  
Biscuits

Coffee / Tea  
After Dinner  
Mints



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## SILENT AUCTION

In a silent auction, participants write down their bids on sheets of paper placed next to each item. The bids are usually kept secret, hence the term 'silent.'

**Signed  
Lee Child book**



**Signed  
Peter Shilton  
football boot**



**Signed  
Northampton  
Saints Shirt 2011/2012**



**Signed  
Gary Lineker  
football boot**



**Signed  
Ed Sheeran CD**



**Signed  
Roberto Carlos  
football boot**



**Signed  
Ryan Giggs framed  
football boot**



**Signed  
Paolo Di Canio  
football boot**



**Signed  
Anthony Joshua  
framed boxing glove**





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## RAISING MONEY FOR...



**'For Men To Talk' is a peer support group. It's for men who are suffering with a mental health illness, such as anxiety, depression and grief, to talk in a safe and comfortable environment. Conversations include many factors in a man's life, including work, relationships, anxiety and many others.**



**In addition to supporting men's mental health, this event has a noble mission of uplifting the lives of children living in deprived environments in Nakuru in Kenya. The funds raised through the fundraising ball will be dedicated to improving access to better education, better facilities and essential resources for these children.**

[www.formentotalk.co.uk](http://www.formentotalk.co.uk)





# FOR MEN TO TALK 'IBIZA CLASSICS' BLACK & WHITE FUNDRAISING BALL

## IBIZA CLUB CLASSICS

Ibiza club classics are a collection of timeless electronic dance music (EDM) tracks that have become synonymous with the vibrant nightlife and party scene on the Spanish island of Ibiza. These iconic tunes have left a lasting impact on the club culture, attracting partygoers from all over the world.

From the euphoric trance of Robert Miles' "Children" to the high-energy beats of Faithless' "Insomnia," these tracks have become anthems that ignite dancefloors and evoke a sense of unity and euphoria among the crowd. Other legendary tunes like Underworld's "Born Slippy," Energy 52's "Café del Mar," and Armand Van Helden's "You Don't Know Me" are also staples in any Ibiza club playlist.

These club classics represent the essence of Ibiza's unique atmosphere, where people come together to celebrate life, music, and freedom. Whether it's the soulful vocals of CeCe Peniston's "Finally" or the infectious groove of Stardust's "Music Sounds Better With You," these tracks transcend time and continue to define the island's iconic clubbing experience.

As the electronic music scene evolves, new tracks continuously emerge, but the allure of Ibiza club classics remains as strong as ever, serving as a reminder of the unforgettable moments and unforgettable connections made on the dancefloors of Ibiza's world-renowned clubs.



# FOR MEN TO TALK 'IBIZA CLASSICS' BLACK & WHITE FUNDRAISING BALL

**Shortmead  
House  
70 Shortmead  
Lane,  
Biggleswade  
SG18 0FG**

## HOTELS

- Walking Distance
- The Stratton House Hotel, Biggleswade
  - The Crown Hotel Wetherspoon, Biggleswade
  - Stratton Cottage Guesthouse, Biggleswade

- Driver or Taxi required
- The Coach House, Potton
  - Redwings Lodge Baldock

## DRESS CODE

*This is a black and white themed ball. We don't encourage our guests to dress in formal attire such as tuxedos, black dresses, evening gowns, or cocktail dresses in black or white, but you can if you desire.*

*Smart black and/or white clothing will be sufficient.*

**£50  
PER  
PERSON**

**Thank you for supporting our causes.**

**To book tickets, please contact Luke Newman on  
07709 446480 or [luke@formentotalk.co.uk](mailto:luke@formentotalk.co.uk)**

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