



EVERY
3RD
MONDAY OF
THE MONTH
6PM - 8PM

FACE-
TO-FACE
GROUP
MEETING



It's ok for
men to have a
mental health
illness
It's that
**BLACK &
WHITE**

A chance for
men suffering
with anxiety,
depression &
grief to talk with
other fellow
sufferers



Bedford Road,
Sandy
SG19 1EL



www.formentotalk.co.uk
f i x p in