

EVERY 2ND SUNDAY OF THE MONTH 9:15AM

WALKING GROUP MEETING



It's ok for men to have a mental health illness It's that BLACK &

WHITE

A chance for men suffering with anxiety, depression & grief to talk with other fellow sufferers

JONES' JONES JONES JONES

15A High Street, Biggleswade SG18 0JE

www.formentotalk.co.uk

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