



# FACE-TO-FACE GROUP MEETING



205-209  
Higher Hillgate,  
Stockport  
SK1 3RB

It's ok for men to have a mental health illness  
It's that **BLACK & WHITE**

A chance for men suffering with anxiety, depression & grief to talk with other fellow sufferers

[www.formentotalk.co.uk](http://www.formentotalk.co.uk)  
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