



# Risk Analysis

A risk assessment for 'For Men To Talk', covering its physical, virtual, fishing, and walking meetings, should address various risks associated with each type of meeting.

### General risks for all meetings

#### Confidentiality and Privacy

**Risk:** Breach of attendees' confidentiality and privacy.

**Control Measures:** Implement strict confidentiality agreements; ensure secure storage of personal data; educate attendees on the importance of confidentiality.

#### Mental Health Emergencies

**Risk:** attendees experiencing severe mental health crises or suicidal ideation.

**Control Measures:** Have trained facilitators; provide emergency contact information; develop a crisis response plan including access to mental health professionals.

#### Code of conduct

**Risk:** Unwanted behaviour by attendees.

**Control Measures:** Provide a code of conduct that all attendees abide to.

#### Inclusivity and Discrimination

**Risk:** Attendees feeling excluded or discriminated against.

**Control Measures:** Foster an inclusive environment; establish clear anti-discrimination policies; train facilitators on inclusivity and sensitivity.

#### Safeguarding Policy

**Risk:** Attendees vulnerable to physical abuse, bullying, harassment, or emotional manipulation.

**Control Measures:** Provide a safeguarding policy for a men's peer support group is a set of guidelines and procedures designed to protect the well-being and safety of all participants.

### Physical Meetings

#### Venue Safety

**Risk:** Physical injuries or accidents at the meeting venue.

**Control Measures:** Conduct regular safety inspections; ensure compliance with health and safety regulations; provide first aid kits and trained personnel.

#### Accessibility

**Risk:** Inaccessibility for individuals with disabilities.

**Control Measures:** Choose accessible venues; provide necessary accommodations; ensure clear communication about venue accessibility.

### Virtual Meetings

#### Technical Issues

**Risk:** Disruptions due to technical problems (e.g., internet failure, software issues).

**Control Measures:** Test technology beforehand; provide technical support; have backup communication methods.

#### Cybersecurity

**Risk:** Unauthorised access or data breaches.

**Control Measures:** Use secure, encrypted platforms; educate attendees on cybersecurity best practices; implement strong password policies.

#### Participant Engagement

**Risk:** Difficulty in engaging attendees in a virtual setting.

**Control Measures:** Use interactive tools; establish clear guidelines for participation; provide training for facilitators on virtual engagement techniques.

## Fishing Meetings

### **Water Safety**

**Risk:** Drowning or water-related accidents.

**Control Measures:** Ensure attendees can swim; have safety briefings and trained personnel.

### **Environmental Hazards**

**Risk:** Weather conditions, insect bites, or wildlife encounters.

**Control Measures:** Check weather forecasts; ask attendees to wear appropriate clothing and have insect repellent; educate attendees on wildlife safety.

### **Fishing Equipment Safety**

**Risk:** Injuries from fishing equipment.

**Control Measures:** Provide training on equipment use; ensure proper maintenance of equipment; have first aid kits available.

## Walking Meetings

### **Physical Health Risks**

**Risk:** Injuries from falls, overexertion, or health conditions.

**Control Measures:** Choose safe, well-maintained paths; encourage attendees to walk at their own pace; have first aid kits and trained personnel available.

### **Environmental Conditions**

**Risk:** Adverse weather, uneven terrain, or wildlife encounters.

**Control Measures:** Check weather forecasts; plan for safe routes; educate attendees on safety measures for different conditions.

### **Group Management**

**Risk:** Attendees getting lost or separated.

**Control Measures:** Use a buddy system; have clear meeting points and communication methods; ensure a sufficient number of facilitators to manage the group.

### **Documentation and Review**

**Risk:** Ineffective risk management due to outdated or incomplete risk assessments.

**Control Measures:** Regularly review and update the risk assessment; document all incidents and review control measures accordingly; involve stakeholders in the review process.

### **Communication and Training**

**Risk:** attendees and facilitators not being aware of risks and control measures.

**Control Measures:** Provide comprehensive training for facilitators; clearly communicate risks and control measures to attendees; use signage and written materials as reminders.

By addressing these risks and implementing appropriate control measures, 'For Men To Talk' can provide a safer and more supportive environment for its attendees across all meeting formats.